

The best way to prevent malaria is to avoid mosquito bites

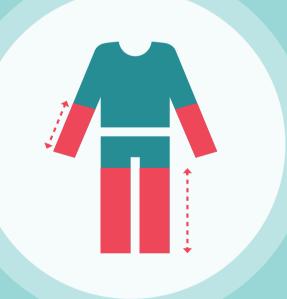






Do fewer activities at night.

Reduce activities from dusk until dawn.



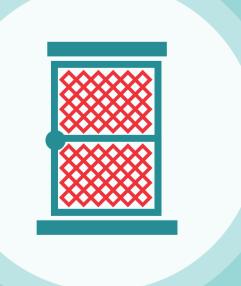
Put on light colored clothing with long sleeves.

Put on light colored clothing with long sleeves when going outside.



Use mosquito repellent or insecticide.

Use a mosquito repellent when going outside.
Use indoor Registered insecticide.



Check mosquito nets.

Check mosquito nets before going to sleep to prevent mosquitos from flying into a room.